**West View Surgery**

You may not class yourself as a Carer, however at West View Surgery we are interested to know if you help anyone with any of the following:

* **Washing**
* **Cooking**
* **Shopping**
* **General day to day activities**
* **Helping with medications**
* **Help with finances**
* **Help with housework**
* **Accompanying / taking to medical appointments**

**Help is available for you**

Please inform a member of staff and we will ensure your medical record is noted accordingly. This will allow us to keep you up to date with any Carers activities, and we can offer extra support to you.

**We are here to support you in supporting others.**